

Therapy Adherence of Obese Children in a 6-Month High-Frequency Intervention

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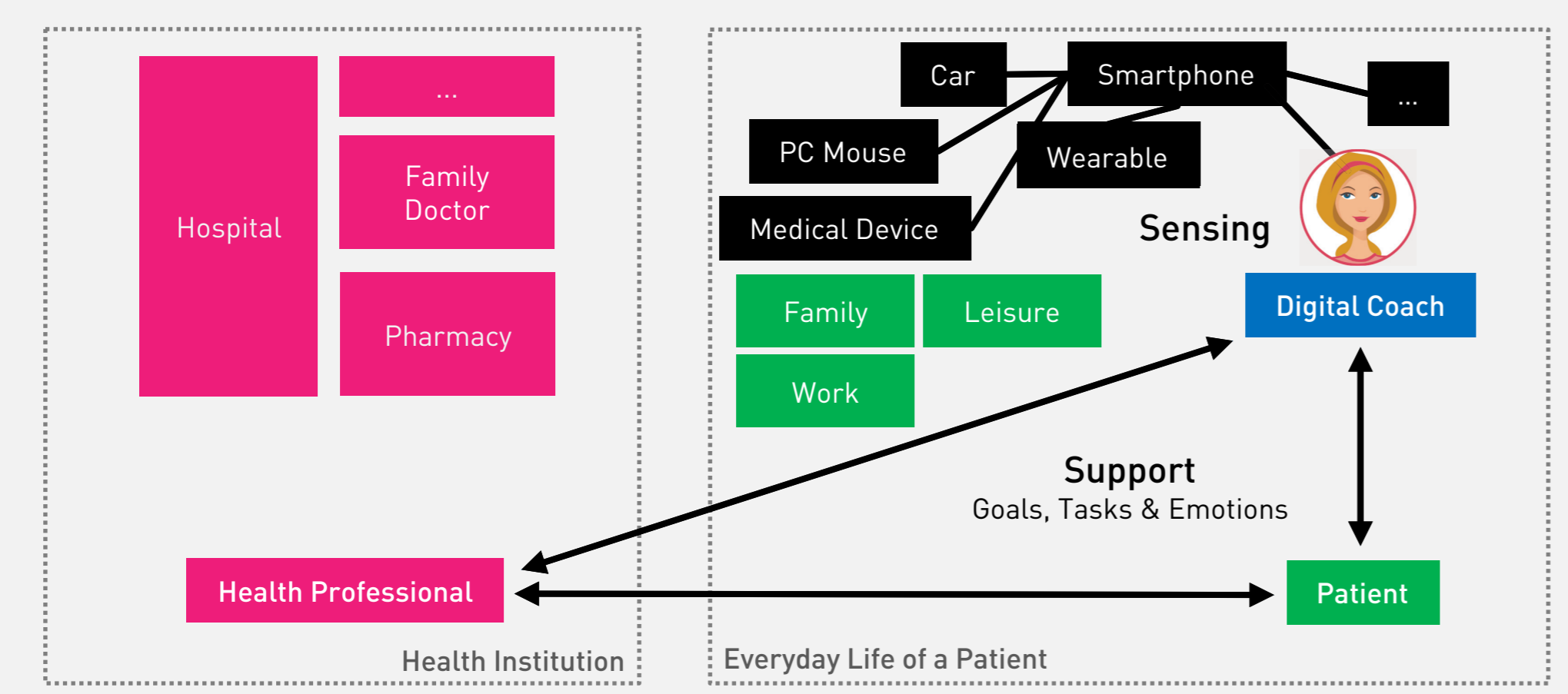
1. Problem

Non communicable diseases (NCDs) the greatest global burden. Health personnel is strongly limited to address NCDs satisfactory and thus, **scalable, cost-efficient and evidence-based digital health interventions** are required.

2. Research Question

How to increase therapy adherence with a digital coach in the everyday life of patients that show a low degree of motivation in general?

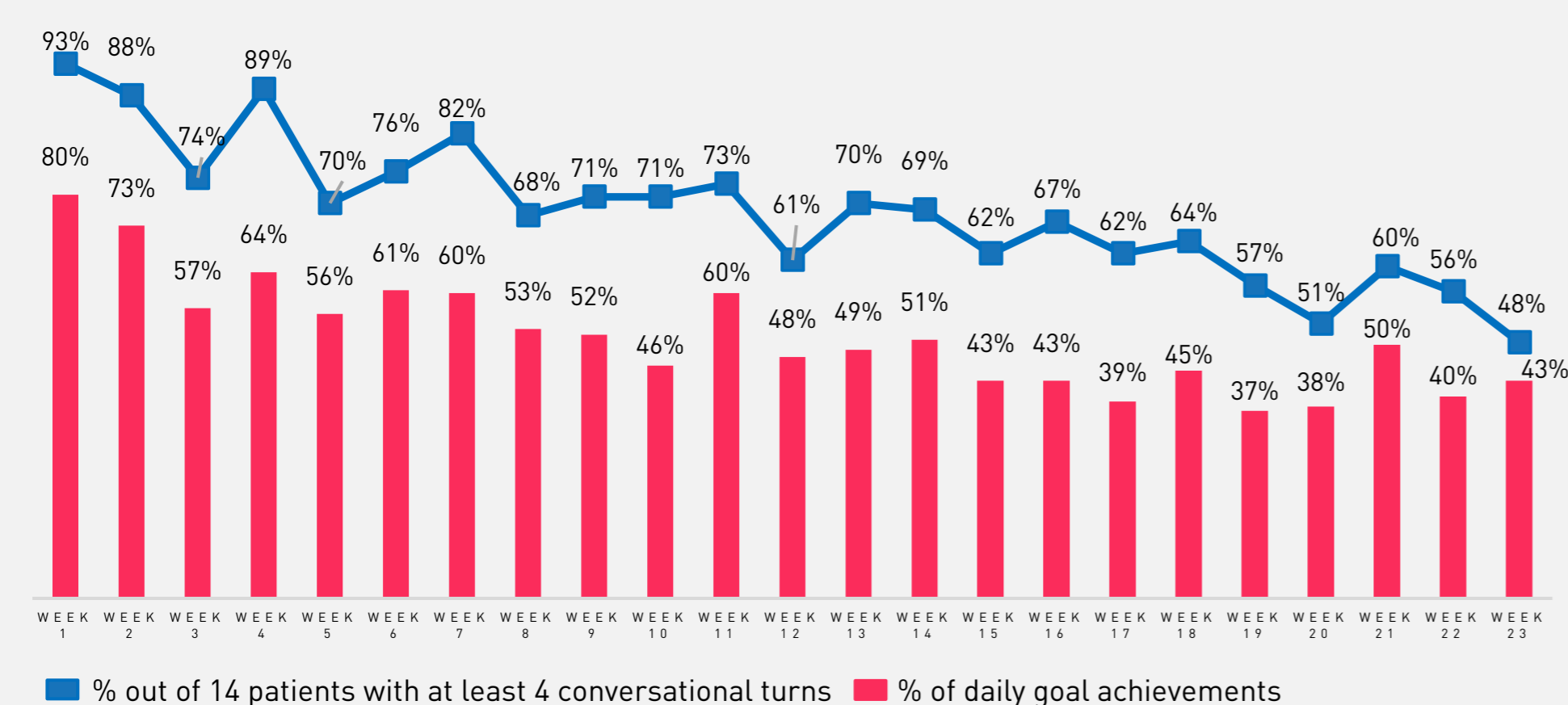
3. Research Framework



4. Method: Build a Digital Coach



5. Results - 18064 Conversational Turns (CTs) during 6 Months & 14 Patients, i.e. 8 CTs per Day



References

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